‘It exists!’ he cried.

‘No,’ said O’Brien.

He stepped across the room. There was a memory hole in the opposite wall. O’Brien lifted the grating. Unseen, the frail slip of paper was whirling away on the current of warm air; it was vanishing in a flash of flame. O’Brien turned away from the wall.

‘Ashes,’ he said. ‘Not even identifiable ashes. Dust. It does not exist. It never existed.’

‘But it did exist! It does exist! It exists in memory. I remember it. You remember it.’

‘I do not remember it,’ said O’Brien.

Winston’s heart sank. That was doublethink. He had a feeling of deadly helplessness. If he could have been certain that O’Brien was lying, it would not have seemed to matter. But it was perfectly possible that O’Brien had really forgotten the photograph. And if so, then already he would have forgotten his denial of remembering it, and forgotten the act of forgetting. How could one be sure that it was simple trickery? Perhaps that lunatic dislocation in the mind could really happen: that was the thought that defeated him.

O’Brien was looking down at him speculatively. More than ever he had the air of a teacher taking pains with a wayward but promising child.

‘There is a Party slogan dealing with the control of the past,’ he said. ‘Repeat it, if you please.’

“Who controls the past controls the future: who controls the present controls the past,” repeated Winston obediently.

“Who controls the present controls the past,” said O’Brien, nodding his head with slow approval. ‘Is it your opinion, Winston, that the past has real existence?’

Again the feeling of helplessness descended upon Winston. His eyes flitted towards the dial. He not only did not know whether ‘yes’ or ‘no’ was the answer that would save him from pain; he did not even know which answer he believed to be the true one.

O’Brien smiled faintly. ‘You are no metaphysician, Winston,’ he said. ‘Until this moment you had never considered what is meant by existence. I will put it more precisely. Does the past exist concretely, in space? Is there somewhere or other a place, a world of solid objects, where the past is still happening?’

‘No.’

‘Then where does the past exist, if at all?’

‘In records. It is written down.’

‘In records. And ——?’

‘In the mind. In human memories.’

‘In memory. Very well, then. We, the Party, control all records, and we control all memories. Then we control the past, do we not?’
‘But how can you stop people remembering things?’ cried Winston again momentarily forgetting the dial. ‘It is involuntary. It is outside oneself. How can you control memory? You have not controlled mine!’

... You [O’Brien to Winston] believe that reality is something objective, external, existing in its own right. You also believe that the nature of reality is self-evident. When you delude yourself into thinking that you see something, you assume that everyone else sees the same thing as you. But I tell you, Winston, that reality is not external. Reality exists in the human mind, and nowhere else. Not in the individual mind, which can make mistakes, and in any case soon perishes: only in the mind of the Party, which is collective and immortal. Whatever the Party holds to be the truth, is truth. It is impossible to see reality except by looking through the eyes of the Party.